



**Session
Topics
Include:**

**Planning Your
Pantry**

Smart Shopping

**Pantry
Organization**

Versatile Pantry

Tuesday, December 14th

12:00pm - 1:00pm

Register online at

go.ncsu.edu/fcsregistration

- Learn the benefits of keeping staple items in your pantry
- Learn strategies for creating a stocked pantry
- Recognize ways to organize and keep track of food in the pantry
- Discuss a variety of meals that can be prepared from a set of staple ingredients.

Participants will receive a Versatile Pantry Guide detailing all information covered during the session.

More In Basket (MIMB) is a program developed by Dr. Carolyn Bird at North Carolina State University Extension. *MIMB* helps reduce hunger by connecting North Carolina residents to SNAP.

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PERSON & GRANVILLE**

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