

The Green Scene

Person County 4-H News



Upcoming Dates

11/10/15: Volunteer Training @ 5:30 pm

11/11/15: Record Book Workday @ 9:00 am

11/11/15: Veteran's Day Supper @ Golden Corral

11/12/15: 4-H Advisory Council @ 4:00 pm

11/14-15/15: State 4-H Council Conference

11/23/15: Wreath Orders DUE!

12/2-3/15: Wreath Pick Up

12/22/15: Cards & Cookies @ 9:00 am

1/4/16: 4-H Record Books DUE!

1/9/16: North Central District Winterfest

Attitude of Gratitude

I'm sure you've all heard this sentiment of having an "attitude of gratitude," especially this time of year. In my opinion, any time is a good time to say thank you. I recently received a note and gift from a fellow 4-H Agent completely out of the blue. She simply thanked me for the work I've done with our district.

This unexpected gesture caught me by surprise and warmed my heart. It reaffirmed why I enjoy my career as a 4-H Agent. It's amazing how something so simple can make such a huge impact.

Throughout the month of November, I will be posting tips and thoughts about showing gratitude on Facebook. I'm going to call this "Thankful Thursday." It is my hope that you will take a few moments to say thank you to someone in your life. It can be to someone who's had a tremendous impact in your life, or for something as simple as treating you to lunch (kids & teens, this means you! Think of the many, many meals your parents have "treated" you to).

Make a habit of saying thank you, and you will be pleasantly surprised at the

reaction you get. Even if the person to whom you sent a note says nothing about it, they will certainly remember that you took the time to say thanks. In today's fast-paced culture, people rarely take time to sit down and hand write a note to someone. Be different, and make a difference. Happy Thanksgiving & Merry Christmas!

Beth Davis



In This Issue

4-H Updates	2
Volunteer Training	3
Wreath Sale	3
Cards & Cookies	3
Veteran's Dinner	3
4-H Awards Night	3
4-H County Council	4
Extension Happenings	4

4-H Record Book Workday

Join us for a 4-H Record Book Workday on **Wednesday, November 11** from 9:00 am until 12:00 pm. We will spend the first part of the morning learning about how to complete a record book, and then finish by working on a rough draft of a record book. Participants will also receive a few materials to help in completing a record book. To register, call 336-599-1195 or email Beth at beth_davis@ncsu.edu.

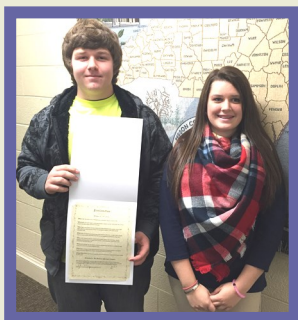


4-H Updates

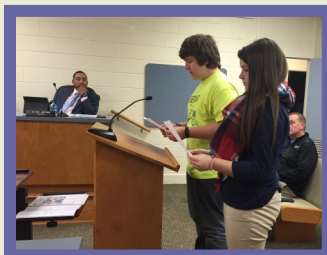
National 4H Week

Thank you to everyone who helped celebrate National 4-H Week! Matthew Chaney and Cheyenne Johnson represented Person County 4-H at the County Commissioner's meeting on October 5 by reading the National 4-H Week Proclamation. We also had help from the following 4-Hers at the Bake Sale at Tractor

Supply on October 10th: Jackson Chaney, Matthew Chaney, Troy Davis, Cathryn Haynes, and Noah Solomon. Thank you to those of you who donated items for the bake sale! We raised \$130.00 from the Bake Sale. We also had a great turnout at the 4-H Open House on October 9!



Reading of the 4-H Proclamation



Tractor Supply Paper Clovers

October 7-18 was the Tractor Supply Paper Clover Campaign, and you showed up to support this fundraising effort! Thank you to everyone who purchased clovers at Tractor Supply, as well as those who came out on October 10th to support our bake sale. This fall, we sold a total of 565

clovers! Person County 4-H will receive 60% of those funds, and the remaining 40% will be split between North Carolina 4-H and National 4-H. That means Person County 4-H will receive \$339! We will have another Paper Clover Campaign in the spring of 2016, so stay tuned for those details.



Tractor Supply Volunteers!



New 4-H Clubs!

We would like to welcome our new 4-H Clubs that have been established since our last issue! We have added THREE news clubs since September and one more is in the process of getting started! Here is a list of our new clubs.

Woodland LEGO 4-H Club

Southern Middle School 4-H Club

Bushy Fork 4-H Club

Poultry 4-H Club (in progress)

If you are interested in learning more about 4-H or starting a new 4-H Club, please contact Beth Davis, 4-H Agent and you will receive a 4-H Welcome Packet. Beth can be reached at 336-599-1195 or beth_davis@ncsu.edu.



Bushy Fork 4-H Club



4-H Volunteer Training

There will be a 4-H Volunteer Training held on **Tuesday, November 10** for current, new and potential 4-H Volunteers. This will be held at the Person County Office Building and will begin with dinner at 5:30 pm, followed by the training at 6:00 pm. If you are interested in attending, please let Beth Davis know by calling 336-599-1195 or emailing beth_davis@ncsu.edu.

Veteran's Day Dinner

Person County 4-Hers and their families are being asked to volunteer on **Wednesday, November 11** at Golden Corral for the Veteran's Day Supper. Volunteers will be responsible for greeting veterans, clearing tables, refilling drinks, and helping out however they can. If you are interested in volunteering, please contact Beth Davis at 336-599-1195 or beth_davis@ncsu.edu. We will get started at 4:00 pm November 11.

**Note to 4-Hers working on Record Books: this looks good under "Citizenship."*



Cards & Cookies

On **Tuesday, December 22**, Person County 4-H will be having a community service event called "Cards & Cookies." We will be decorating Christmas cards & cookies to give to people in need. Join us from **9:00-11:00 am** for a fun morning of giving back. Feel free to bring a friend!

4-H Record Book Deadline!

4-H Project Record Books will be due to the Person County 4-H Office by 5:00 pm on 1/4/16.



Save the Date

4-H Awards Night

Friday, January 29 at 6:00 pm

Wreath Sale Fundraiser

Person County 4-H is currently selling Fraser Fir wreaths as a fundraiser for the local 4-H program. Wreaths are \$20 and they come from Pardue Tree Farm in Sparta, NC. These wreaths are hand crafted onsite and have an outside diameter of 20-24 inches. You will not be disappointed!

Here's an added bonus for our 4-Hers: For every wreath you sell, you earn \$5 of Clover Cash. So, if you sell 5 wreaths, you earn \$25 of Clover Cash that can be used for things like Summer Fun, Teen Retreat, Congress, Camp, etc. Think about what you might want to participate in the coming year and how much Clover Cash you might want to use for those events. Just be sure to write your name in the space for "sold by 4-Her" so you will get credit.

Wreath order forms can be found online at <http://person.ces.ncsu.edu>. Payment is required with your order, and order forms must be turned in by **November 23**. Wreaths can be picked up at the Extension Office **December 2-3**, just in time to decorate for Christmas! Thank you in advance for your support!



Fraser Fir Wreaths

\$20.00 each

Extension Happenings



Soil Testing

Now is the time to get your soil tests done. Beginning November 26 of this year and continuing through March 31, 2016, the NC Department of Agriculture will charge \$4.00 for soil analysis. This fee is to encourage homeowners and producers to utilize the laboratory during non-peak times. Funds generated from the fees will be used to make improvements to the lab by updating equipment or adding personnel during the busy time. To avoid the fee, samples must be to the lab by November 25. To ensure that we have ample time to get samples to the lab, please drop off your samples to the Extension Office by 5:00 pm on November 18. If you have questions, you can call the Extension Office at 336-599-1195 or the Department of Agriculture at 919-733-2655.

Maintain, Don't Gain

This holiday season, the only thing that should be "stuffed" is the turkey! Many Americans gain between 1 and 5 pounds each holiday season. While it might not sound like much, most people never manage to lose those extra pounds. Instead of piling on the pounds, you are invited to join the 9th annual Maintain, Don't Gain Holiday Challenge provided by NC Eat Smart Move More. Rather than focusing on trying to lose weight, this free seven-week challenge provides participants with tips, tricks, and ideas to help maintain your weight throughout the holiday season. The challenge includes 7 weekly newsletters, daily tips, mid-week challenges, healthy holiday recipes, motivation and support from other participants, and prizes. The Holiday Challenge runs from November 16-December 31. Sign up online at <http://esmmweighless.com/sign/>.

Holiday Lunch & Learn

The November Lunch & Learn is scheduled for Thursday, November 19 from noon until 1:00 pm and will focus on healthy holidays. We will be talking about cooking healthy, delicious recipes, food safety and using leftover. The cost is \$5.00 and you must pre-register and pre-pay for this event by November 13. Call the Extension Office at 336-599-1195 for more information.

Person County 4-H

304 S. Morgan Street, Room 123

Roxboro, NC 27573

336-599-1195

336-598-0272 (fax)

<http://person.ces.ncsu.edu>

beth_davis@ncsu.edu

Follow us on Facebook & Twitter!



4-H County Council in 2016

We are going to try something new in 2016 for County Council. Starting in January, there will be a monthly County Council meeting and each month will be devoted to one of the 9 project areas. These include:

- 1) Animal Science,
- 2) Citizenship & Civic Education,
- 3) Communication Arts,
- 4) Environment & Natural Resources,
- 5) Family & Consumer Science,
- 6) Healthy Lifestyles,
- 7) Personal Development & Leadership,
- 8) Plant Science,
- 9) Science & Technology

A list of these dates will be posted online and will be in the next issue of this newsletter. We hope you will join us at one or more of these meetings. The first County Council meeting will be held on **Thursday, January 14 at 6:00 pm** and the topic will be Animal Science. We will discuss the many opportunities available through 4-H in this area.

The purpose of these meetings is to educate our youth on the variety of project you can participate in as a 4-Her. It's not just cows & canning anymore!



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