

NOROVIRUS *facts*

Two bucket illness



SYMPTOMS

vomiting diarrhea,
low-grade fever,
nausea, and stomach
cramps

WHY A CONCERN?

- Very contagious
- Infected people shed large amounts of norovirus in their vomit and diarrhea.
- Shedding can occur for 3 weeks after symptoms disappear

HOW TO PREVENT THE SPREAD?

1. Don't go to work or school if you are experiencing symptoms
2. WASH HANDS OFTEN!!! Hand sanitizer is not effective against Norovirus
3. Wash your fruits and vegetables before preparing them
4. Disinfect all surfaces with a bleach/water solution (see right)

CLEANING STEPS

- Clean surfaces with soapy water, Rinse with plain water, and Wipe dry with paper towels.
- Disinfect surfaces with 1 cup of bleach & 1 gallon of water mixture. Leave surface wet for 5 minutes. Rinse with plain water.

**Wash hands with
soap and water!!**

