



Person County 4-H News

# The Green Scene



September-October 2015

## Get Out of Your Comfort Zone

I challenge you to get out of your comfort zone.

I challenge you to try something new and different.

I challenge you to be unique.

I challenge you to be a risk taker.

I challenge you to do what YOU want to do, not what your friends are doing.

I challenge you to make a difference in your community, your country, and your world.

I challenge you to make your best better.

I challenge you to forget what's normal and do the extraordinary.

Our comfort zone is exactly what it says, it's comfortable. But when we stay there, we don't reach our full potential. Trust me, I love comfort. As I write this, I'm sitting in a nice cozy bed (at Youth Summit), propped against fluffy pillows and my heating pad on my back (because I'm old). BUT, I have learned that

sometimes, you have to take risks and step outside of that comfortable place to see what else is out there. Is it scary? Sure! But once you get over that fear, you will be amazed at what you can do.

Take that first uncertain step into the unknown and reach your potential!



*Bud B. Davis*

## 4-H County Council Meeting

What is a County Council Meeting, you ask? Well, it's basically like a 4-H Club meeting, but on the county level. We will have a business meeting, where we discuss upcoming events & activities, as well as an educational program and best of all, refreshments!

At this meeting, we will be planning events for 2016, so your input is needed! Some of the things we'll be discussing are Awards Night, new programs like a foods show, Fall Fun day, and more! We will also be decorating old boots to be displayed at Tractor Supply during the paper

clover campaign in October.

The date for our Fall County Council Meeting is **Monday, September 21 at 6:00 pm.** We will be meeting in Room 165 of the County Office Building. See you there!

### 4-H Project Categories:

- Animal Science
- Citizenship & Civic Education
- Communication Arts
- Environmental Science
- Family & Consumer Sciences
- Healthy Lifestyles
- Personal Development & Leadership
- Plant Science
- Science & Technology

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## Summer Updates

### 4-H Electric Congress

Eryn Haynes attended the 68th annual 4-H Electric Congress July 13-15 at the University of North Carolina Wilmington. While at Electric Congress, participants put together an electric kit, went to the beach, had a dinner cruise, and dance. 180 4-H'ers, adult leaders and N.C. Cooperative Extension agents from 54 counties attended the three-day event. Since 1947, Duke Energy and Dominion North Carolina Power have sponsored the annual congress to emphasize energy conservation and safe electricity use. The 4-H electric energy program is one of the most popular activities among North Carolina 4-H'ers.

such as high ropes and a canoe/kayak trip. Three of the youngest campers were Cloverbud Campers, ages 5-7. These campers only spent 2 nights at camp but got to participate in a lot of the same activities as the week long campers. While at camp, these young people kayaked, canoed, shot bow & arrow, went on nature hikes, made arts and crafts, and much more! If you are interested in 4-H Camp for next summer, please contact Beth Davis, 4-H Agent at 336-599-1195 or beth\_davis@ncsu.edu.

these youth participated in leadership workshops, a community service activity, tours at NC State, dances, and more.

Matthew Chaney received a Bronze Medal for his presentation in the 14-18 age division of the Wheels & Engines category. The presentations competition was the kick off to 4-H Congress.

### 4-H Congress

Four Person County 4-H'ers took part in the 2015 North Carolina 4-H Congress held July 18-21 in Raleigh, NC. This event brought 518 young people and their adult leaders to NC State University for activities including presentations on a variety of subjects, leadership training, service opportunities, officer elections and more. The 4-Hers who represented Person County at this event included Gracie Blalock, Matthew Chaney, Eryn Haynes, and Cheyenne Johnson. While at 4-H Congress,

### Summer Fun

More than 85 Person County youth participated in a variety of fun and educational activities provided by Person County 4-H this summer. This included 4-H Summer Fun classes, Electric Congress, 4-H Camp, and NC 4-H Congress.

Some of the Summer Fun classes offered included 4-H Investigates, Junk Drawer Robotics, Survival Skills, Safe Sitter, Sculpting, Public Speaking, Photography, and more. Participants learned a variety of skills thanks to the many volunteers who made these programs possible. To celebrate the fun had this summer, participants were invited to attend an ice cream social, held at Mayo Park.

### 4-H Camp

One of the highlights of the summer for many young people is summer camp. This year, Person County took 17 campers to Millstone 4-H Camp in Ellerbe, NC the week of July 5-10. Eight of these campers participated in the Adventurer Program where they took part in advanced activities



## Tractor Supply Paper Clover Campaign

The Fall Paper Clover Campaign at Tractor Supply Company will be **October 7-18**. During this time, customers at Tractor Supply can choose to donate \$1.00 (or more) at the register. You can write your name on a clover and these will be displayed in the store windows. 100% of the proceeds will go directly to 4-H with 60% coming

back to Person County 4-H. These proceeds can be used to help send children to camp, fund college scholarships, and to recognize 4-H youth for their accomplishments. This spring, we raised a total of \$553, with \$332 coming back to Person County.

As mentioned earlier, we are planning to have a

bake sale on **Saturday, October 10th**. If you would like to donate baked items for this event, or volunteer on the day of the event, please let Beth know.



## National 4-H Week

This year, we will be celebrating National 4-H Week **October 4-10**. As part of the celebration, we are encouraging 4-Hers and their families to help with our Bake Sale on **Saturday, October 10th** at Tractor Supply in

Roxboro by either donating baked items and/or coming out to help with the bake sale. In addition, 4-H will be featured in the display case at the Person County Library. Anyone wanting to help put that

together should let Beth know. We will also have other things going on throughout the week, so be sure to check out our Facebook page for updates!



## State Council Conference

It is almost time for the 2015 State 4-H Council Conference! The dates for the conference are **November 14-15** and it will be held at the McKimmon Center in Raleigh. This event is for youth ages 13-18. There will be exciting

workshops and speakers! The State 4-H Council (all teens) has selected "The 4th H: Health" as the State Council Project and I know you'll enjoy the workshops being planned around this theme.

The registration deadline

for this event is **October 9th** and the cost is \$140. Clover Cash can be used to pay for this event and scholarships are available. T-shirts are available for an additional \$15. Register here: <http://go.ncsu.edu/scc2015reg>.

## Person County 4-H

304 S. Morgan Street, Room 123

Roxboro, NC 27573

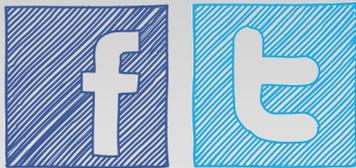
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Follow us on Facebook & Twitter!



## North Carolina State Fair

Get your tickets now for the NC State Fair, scheduled for **October 15-25!** You can also enter items to be judged in the fair. If you'd like to enter a craft, or other item, check out the competition tab on the website: [ncstatefair.org](http://ncstatefair.org). I'll be taking youth entries to the fair on Friday, October 9th, so if you'd like me to take your entry, please have it to my office by **October 8th**. 4-H Entries are due online by **September 18th**. 4-H is Department V01 of the competition site.

## Extension Happenings

### Farm Tour Cancelled

The Person County Cooperative Extension and the Person County Museum of History have decided to cancel the 4th Annual Farm Tour, which was to be held September 26-27. The reason for the cancellation is to protect poultry flocks from a possible outbreak of seasonal Highly Pathogenic Avian Influenza (HPAI).

Upon learning of the cancellation of the Eastern Triangle Farm Tour, the Person County tour organizers contacted the State Veterinarian's office

and learned that the NCDA&CS strongly recommended cancelling the Person County tour due to the possibility of transmitting the disease to Person County flocks. The State Veterinarian has already cancelled all poultry shows and sales through January 15, 2016 due to the threat of HPAI. The committee felt the moral, ethical and professional decision required cancelling the tour in order to minimize the risk to poultry in Person County and in the state.

### Fall Lunch N' Learns

The September Lunch N' Learn is scheduled for Thursday, **September 24** from noon until 1:00 pm and will focus on ovarian cancer. The cost is \$5.00 to attend and you must pre-register by September 21.

The October Lunch N' Learn will focus on counting carbs and meal planning, and is scheduled for Thursday, **October 22** from noon until 1:00 pm. Pre-registration is due by October 19 and the cost is \$5.00. Call 336-599-1195 to register.